

Chicken Soup for the Nurse's Soul

101 Stories to Celebrate, Honor and Inspire the Nursing Profession

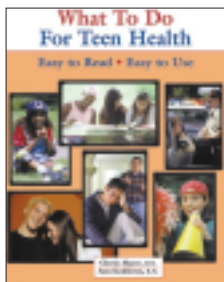
Chicken Soup for the Nurse's Soul encourages, uplifts and honors nurses by sharing the sunshine and sorrows of their profession. Health care givers from all over the world offered their stories, hearts, and souls to inspire one another. This collection of true stories

champions the daily contributions, commitments, and sacrifices given by nurses and portrays the compassion, intellect and wit used to meet the ever-challenging demands of the profession.

Most nurses didn't choose their careers because of the great hours, pay, or working conditions. This book reminds them why they did. Stories from students help them recall why they entered this profession — stories from seasoned nurses reveal why they stay. But all of these stories give hope for the future and will remind nurses of the universality of what they do: the power of their skillful hands and devoted hearts.

It is the hope that *Chicken Soup for the Nurse's Soul* will inspire nurses everywhere to continue their compassionate service to humankind.

Chicken Soup for the Nurse's Soul is available at local book stores or through Health Communications, Inc. at (800) 441-5569. A portion of the sale of each book will go to the American Nurses Foundation (ANF) in support of its nursing endowment scholarship.



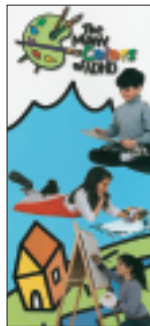
What To Do For Teen Health

New Book for Parents Offers Practical Teen Health Advice

While many schools have sex education classes to teach students the facts of life, school nurses should still emphasize to parents the important role *they* play in providing sex education information and guidance at home.

So the school nurse can offer basic guidance material, the Institute for Healthcare Advancement (IHA) recently released an easy-to-read and easy-to-understand, fully-illustrated self-help medical book for the parents of teenagers. *What To Do For Teen Health* provides information on a wide range of topics, including dating and sex issues, rules and discipline, smoking and drugs, anger and violence, eating problems, depression and suicide, and personal safety matters. Topics address common questions parents have about their teenagers, such as the physical and emotional changes of their teenager in puberty, and then there are practical suggestions for discussing these changes with their child. Also included is a list of signs that might indicate the need for parents to seek professional medical help for their teen.

Co-authored by two RNs, *What To Do For Teen Health* is available in English and Spanish and is published by The Institute for Healthcare Advancement (IHA), 15111 E. Whittier Boulevard, Suite 460, Whittier, CA 90603-2181; Phone: (562) 693-9721; Fax: (562) 907-1963; Web site: www.iha4health.org and click on the "Bookstore" link.



The Many Colors of ADHD

Calendar Contest Celebrating the Artistic Gifts of Children with ADHD

Millions of children are affected by ADHD. Too often, children with ADHD are criticized for their inabilities and shortcomings. Now, with the help of Shire U.S., Inc., and school nurses, those children can shine and gain recognition and reward

To celebrate the artistic gifts of children with ADHD, Shire U.S., Inc. is sponsoring "The Many Colors of ADHD," a national calendar contest encouraging ADHD children to create and submit artwork, poetry, or essays portraying how ADHD affects their lives. Open to four age groups — 6-7 years, 8-10 years, 11-13 years, and 14-16 years — fifteen winners will be selected and thirty children will receive an honorable mention. The grand prize includes a \$1,000 gift certificate and having the child's artwork published in a special 2002-2003 calendar that will be displayed in schools and physician's offices nationally.

The official entry form must be ordered by the child's parent or guardian, but school nurses can order and display brochures in the health office, share the information with parents, teachers, and art instructors, as well as including the information in a school newsletter or at a PTA meeting.

For more information call (866) DRAW-ADHD (372-9234). Entries for The Many Colors of ADHD calendar contest must be postmarked by January 31, 2002.



Partners for Healthy Growth

Growth Disorders Addressed by National Program

At a recent back-to-school conference, "Partners for Healthy Growth," a nationwide educational initiative on growth disorders in children, was launched by the Pediatric Endocrinology Nursing Society (PENS), American Psychological Association (APA) and Pharmacia Corporation.

Partners for Healthy Growth was designed to create networks of healthcare professionals who can work together to ensure that children with growth disorders receive the best and most appropriate care. The program reinforces that the first step in detecting growth abnormalities is accurate and regular growth measurement. Workshops focus on improving growth measurement techniques and practices, provide guidance and tips on understanding and recognizing the physical and psychological aspects of growth disorders, and help health professionals to recognize these problems. This will allow for the early identification of problems and proper referral to specialists who can diagnose and treat the underlying problem.

Workshops are offered nationally, and attendees receive a Partners for Healthy Growth resource kit. For more information on how you can participate in a workshop, phone (212) 981-5679 and leave a detailed message. Your call will be returned promptly.